

2023-24 MINIMUM SUSPENSION LIST

The following are minimum suspensions that shall be imposed for infractions which occur in all OMHA exhibition, league and play-off games during the current playing season for minor hockey.

Notice re: Clarifications

These are minimum suspensions. Additional suspensions will be imposed wherever conditions and circumstances warrant.

It is the responsibility of each team manager and/or coach to ensure their players serve their appropriate suspensions. When in doubt as to the relevant suspension, contact the Association office. If unable to contact the Association office, sit player(s) in question out until clarification can be obtained. These suspensions are in addition to game incurred.

Match Penalty reports will be forwarded to the appropriate OMHA Regional Director for review and suspension assessment.

A participant who is suspended while playing in an out-of-OHF jurisdiction event (i.e. USA or out of Member) must serve that governing bodies suspension or portion thereof in the participant teams remaining games in that event even if for a greater number of games than under the OHF Minimum Suspension List.

Upon returning to the OHF, a team will report any suspension received outside of the OHF jurisdiction and the affected Player/Team Official will not be eligible to participate until the report has been received by the Member and the Member rules on the Player/Team Official's eligibility based upon the OHF Minimum Suspension List.

* All indefinite suspensions are pending subject to a hearing.

Suspensions List

MISCONDUCTS

Rule/Code	Penalty Description	Suspension
7.10 (d)	Failure to go to the Player's Bench or Neutral Area	0 Games
10.5 (d)	Throwing Stick Over Boards	0 Games
10.6 (d)	Illegal Equipment	0 Games
11.1 (d) i	Unsportsmanlike Conduct	0 Games
11.1 (d) ii	Interference/Distraction During Penalty Shot	0 Games
11.1 (d) iii	Intentionally Knocks or Shoots the Puck out of Reach of an Official	0 Games
11.1 (d) iv	Failure to go directly to Penalty Bench	0 Games
11.1 (d) v	Entering Referee's Crease	0 Games
11.2 (d)	Disrespectful and Abusive Behaviour (includes Inciting)	0 Games

Suspensions List

GAME MISCONDUCTS

Rule/Code	Penalty Description	Suspension
4.7 (c)	Second Misconduct – Same Game	1 Game
4.8 (b)	Game Ejections	0 Games
7.5 (a)	Checking from Behind (Minor + Game Misconduct)	1 Game
7.10 (e) ii	Player(s) 3 rd , 4 th , 5 th Player into Fight	3 Games
7.10 (e) iii	2 nd Fight, Same stoppage of play (3 rd , 4 th , etc.)	3 Games
8.1 (b)	Holding Injury (Major + Game Misconduct)	2 Games
8.2 (b)	Hooking Injury (Major + Game Misconduct)	2 Games
8.4 (a)	Interference from the Bench (Bench Minor + Game Misconduct, if identifiable)	2 Games
8.6 (b)	Tripping Injury (Major + Game Misconduct)	2 Games
10.4 (a)	Bench Official on the Ice Without Permission of Official	1 Game
10.4 (e)	¹ Coach whose player is penalized under 10.4 (e)	4 Games
10.4 (e)	Leaving the Bench without Clearance from the Referee (Assessed to coach if altercation results in penalties at end of any period)	2 Games
10.4 (e) i	Leaving the Players bench or Penalty Box	4 Games
10.4 (e) ii	Leaving the Players bench or Penalty Box and incurring subsequent penalty	5 Games
10.8 (b) i	Refusing to Start Play (Coach – Major + Game Misconduct)	Indefinite*
10.8 (b) ii	Refusing to Leave the Players Bench (Major + Game Misconduct)	1 Game

¹ 10.4 (e) – Coaches' penalty will be noted on the front and back of the game sheet of the Officials' copy only. Penalty to coach is automatic as a result of player receiving 10.4 (e), coach not to be ejected as a result of this penalty being assessed.

Suspensions List

PLAYER ACCUMULATION SANCTIONS

Accumulation Sanctions apply for any collective accumulation of the below **MAJORS** in the same season.

Rule/Code	Penalty Description	Offense Count			
		1st Major	2nd Major	3rd Major	4th Major
7.1 (b)	Attempt to Injure or Deliberate Injury. <i>Note: May include but not limited to head-butting, hair pulling, grabbing face mask, and kicking.</i>	2 Games	4 Games	6 Games	Indefinite*
7.2 (b)	Boarding (Major + Game Misconduct)				
7.3 (b)	Body Checking (Major + Game Misconduct)				
7.4 (b)	Charging (Major + Game Misconduct)				
7.5 (b)	Checking from Behind (Major + Game Misconduct)	3 Games			
7.6 (b)	Head Contact (Major + Game Misconduct)				
7.8 (b)	Kneeing (Major + Game Misconduct)	2 Games			
7.9 (b)	Roughing (Major + Game Misconduct)				
8.3 (b)	Interference (Major + Game Misconduct)				
8.4 (b)	Interference from the Bench (Major + Game Misconduct)				

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Rule/Code	Penalty Description	Offense Count			
		1st Major	2nd Major	3rd Major	4th Major
8.5 (b)	Interference with the Goaltender (Major + Game Misconduct)	2 Games	4 Games	6 Games	Indefinite*
8.7 (b)	Clipping (Major + Game Misconduct)				
9.2 (b)	Cross Checking (Major + Game Misconduct)				
9.3 (b)	Slashing (Major + Game Misconduct)				
10.5 (b)	Throwing or Shooting Stick or Object				

COACHES ACCUMULATION SANCTIONS

Penalty Description	Suspension
Any team receiving a combination equaling 3 x 5-minute penalties in the same game from a major penalty, match penalty or fighting infractions	1 Game
For a 2nd violation of a team receiving a combination equaling 3 x 5-minute penalties in the same game from a major penalty, match penalty or fighting infractions	3 Games
For a 3rd violation of a team receiving a combination equaling 3 x 5-minute penalties in the same game from a major penalty, match penalty or fighting infractions	Indefinite*

Suspensions List

MATCH PENALTIES		Offense Count		
Rule/Code	Penalty Description	1st Match	2nd Match	3rd Match
7.1 (c)	Attempt to Injure or Deliberate Injury. <i>Note: May include but not limited to head-butting, hair pulling, grabbing face mask, and kicking.</i>	Indefinite*	Indefinite*	Indefinite*
7.2 (c)	Boarding			
7.3 (c)	Body Checking			
7.4 (c)	Charging			
7.5 (c)	Checking from Behind			
7.6 (c)	Head Contact			
7.8 (c)	Kneeing			
7.9 (c)	Roughing			
7.10 (c)	Fighting – Ring or Tape on Hand(s)			
8.3 (c)	Interference			
8.4 (c)	Interference from the Bench			
8.5 (c)	Interference with the Goaltender			
8.7 (c)	Clipping			
8.8 (c)	Slew Footing			
9.1 (c)	Butt Ending			
9.2 (c)	Cross-Checking			
9.3 (c)	Slashing			
9.4 (c)	Spearing			
10.5 (c)	Throwing or Shooting Stick or Object			

Suspensions List

GROSS MISCONDUCT

Rule/Code	Penalty Description	Suspension
7.1 (f)	Headbutting (Minimal degree of violence)	Indefinite*
7.10 (f)	Fighting with Team Official	Indefinite*
8.4 (f)	Interference from Bench (Team Official)	Indefinite*
10.4 (f)	Disrupts Game After Having Been Removed	Indefinite*
10.6 (f) i	Illegal Equipment	Indefinite*
10.6 (f) ii	Refusing to Remove Helmet or Facial Protector for Identification	Indefinite*
10.6 (f) iii/iv	Removing Helmet and/or Chinstrap	Indefinite*

PRE OR POST GAME ALTERCATIONS

Penalty Description	Suspension
Any player involved where Major and Game Misconducts are assessed	3 Games
Coach of team whose players are so penalized	Indefinite*
Any team involved in a pre or post game brawl	Indefinite*

FIGHTING

FIGHTING		Offense Count			
		1st Major	2nd Major	3rd Major	4th Major
Rule/Code	Penalty Description				
7.10 (b)	Fighting	2 Games	3 Games	5 Games	Indefinite*

Suspensions List

INSTIGATOR/AGGRESSOR		Offense Count		
Rule/Code	Penalty Description	1st Offense	2nd Offense	3rd Offense
7.11 (a)	Instigator/Aggressor of a fight <i>Note: If a player is assessed both penalties in the same altercation, they would receive a suspension for each offence.</i>	1 Game	3 Games	Indefinite*

RULE 11 - MALTREATMENT			Offense Count		
Rule/Code	Penalty Description	Type	1st Offense	2nd Offense	3rd Offense
11.1 (e)	Unsportsmanlike Conduct	Game Misconduct	2 Games	Minimum +4 Games	Indefinite*
11.2 (e)	Disrespectful and Abusive Behaviour	Game Misconduct	3 Games	5 Games	Indefinite*
11.2 (f)	Disrespectful and Abusive Behaviour	Gross Misconduct	5 Games	Indefinite*	Indefinite*
11.3 (c)	Spitting	Match	Indefinite*	Indefinite*	Indefinite*

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Rule/Code	Penalty Description	Type	Offense Count		
			1st Offense	2nd Offense	3rd Offense
11.4	Discrimination	Gross Misconduct	Indefinite*	Indefinite*	Indefinite*
11.5 (c)	Physical Harassment of Officials	Match	Indefinite*	Indefinite*	Indefinite*
11.5 (e)	Physical Harassment of Officials	Game Misconduct	3 Games	Indefinite*	Indefinite*